

Cabrillo High School

Welcome Back Conquistadores!



Masks

California Department of Public Health guidance requires that students and staff wear masks when indoors at all K12 schools. Masks are not required outside.



Chromebooks

Students need to bring a fully charged laptop or tablet to school daily. Chromebooks are available for checkout in the library.

Return to School

Students will return to full, in-person instruction

We are excited to be welcoming students back to campus for full, in-person instruction! School starts Monday, August 16, 2021 at 8:40 AM. Look elsewhere in this bulletin for more information on our new, later bell schedule.

ATTENDANCE

Contact
Sunnie Campbell at
(805)742-2800
to report student
absences.

HEALTH

Contact
Sasha Macias
or Janice Graves at
(805) 742-2914
to report a student with
or exposed to COVID.

COUNSELING

Contact
Michelle Cass at
(805) 742-2850
with questions about
the Counseling Dept.

New Bell Schedule

Cabrillo Has a New, Later Bell Schedule

Beginning this year, school will start later for Cabrillo High School students. Mondays, Tuesdays, Thursdays and Fridays, the school day is 8:40 AM to 3:30 PM. On Wednesdays, the school day is 9:30 AM to 3:30 PM. Late start Wednesdays allow teachers time to meet and collaborate on curriculum and assessment. The complete bell schedule can be found on the school's [website](#).

Transportation

Masks are required on buses. The bus schedule can be found on the school [website](#).

Q Parent Connection

Using the [Q Parent Connection](#) portal, parents can update their student's personal information, upload documents to the school, report absences, fill out the first day packet and keep track of academic progress throughout the school year. It is available as an app on [Google Play](#) or the [App Store](#).



Food Services

Breakfast and lunch will be free of charge to all students this year. Additional meals and items will be available for purchase. Please visit [MySchoolBucks.com](#) to fund your student's account. Breakfast at Cabrillo will be available starting 30 minutes before school starts.

Google Classroom Codes

Counseling: Freshman 3equiny	Counseling: Sophomores cpj7pkp
Counseling: Juniors cgq6wc5	Counseling Seniors clhyfqi
Wellness Center oc6y5up	Career Center 5e3yl2e

COUNSELING OFFICE

The Cabrillo Counseling Department consists of four academic counselors and one counselor dedicated to meeting the social emotional needs of our students; however, all counselors are willing and able to help students in any way necessary. Academic counselors have a caseload by last name.

BRIANNE JORY, Lead Counselor: A, B, C, D & J

jory.brianne@lUSD.org

AMANDA ADAMS, Counselor: K, N, O, P, Q, S, T, X & Y and ELD students

adams.amanda@lUSD.org

PAULA HANNAFORD, Counselor: E, M, R, U, W & Z

hannaford.paul@lUSD.org

AMBER MANKO, Counselor: F, G, H, I, L & V

munden-manko.amber@lUSD.org

DREU LAMBARENA, Social Emotional Learning Counselor

lambarena-naset.dreu@lUSD.org

COVID Protocols

How CHS is Complying with State and County Requirements

The State of California and Santa Barbara County have given K12 schools mandates and guidance for the safe re-opening of schools. The following describes how Cabrillo High School is meeting these requirements.

Vaccinations

The safest way to protect our students and staff against COVID-19 is vaccinations. Students are not required to be vaccinated to return to school in-person; however, it is strongly encouraged. LUSD is planning a shot clinic at CHS for students, parents and the community later this month. Further details will be shared soon.

Symptom Screening

Symptom and exposure screening should be conducted at home each day prior to the student coming to school. If a student is exposed to someone who has COVID-19 or if the student exhibits symptoms, the parent or guardian must contact the Health Office at (805) 742-2914 for instructions regarding how to proceed before sending the student to school.

Masking

All students and staff must wear a mask at all times when indoors. Masks will be provided by the school if a student doesn't have one. A series of progressive disciplinary practices up to and including suspension will be employed to ensure compliance with this requirement.

Social Distancing

Social distancing is not required in classrooms to enable schools to fully open. Students should practice social distancing to the extent possible when out on campus.

Hand Sanitizing

Hand sanitizing stations are located in all classrooms and offices. Frequent hand sanitizing is encouraged.

Cleaning

All classrooms and offices are cleaned each night after school by custodial staff following all recommended cleaning and sanitizing practices.

Water

All drinking fountains and the bottle-filling station in the cafeteria are open for student use. Students are still encouraged to bring water to school with them in a reusable water bottle.

